ISSUE #14 | September2019 / Mahuru2019



A word from the Tari

Kia ora mai tātou

It has been a busy few months and we are taking lots of steps forward. Last month the Board approved the creation of new roles to join the team working here at Ngā Pōtiki.

We have new roles in Housing, Education & Skills, Communications, Finance and Executive and Governance Administration which we are going out to recruit shortly.

We are looking for 'super doers' who are passionate about Ngā Pōtiki and working to benefit the current and future generations of Ngā Pōtiki. If you or someone in your whānau are interested in these opportunities please keep an eye out for the adverts and apply. All the information will be up on SEEK.co.nz later this week.

If members of your whānau have not updated their details recently now is the right time to do it. We will be sending

out information for our upcoming Annual General Meeting soon as well as emailing out the links for the employment opportunities, so please encourage your whānau to register or update their details.

This can be done through the website:

https://ngapotiki.org.nz/contact/ - to advise of a change of details, or https://ngapotiki.org.nz/register/ - to register.

The other exciting piece kicking off this week is the next Expression of Interest process for housing opportunities in Manawa and we have more detail about that below.

We hope you find this compact edition informative. We look forward to receiving your ideas for future editions.

Please enjoy and send us your ideas for future editions to kiaora@ngapotiki.org.nz

Ngā mihi mahana

Erana and all the team.



In this ISSUE: | Annual General Meeting – Hui-ā-tau | Ngā Pōtiki Housing Update | Suicide Awareness | Ngāi Te Rangi Iwi - Health Waka



Ngā Pōtiki **Housing Update**

This is a reminder about the Expression of Interest process which will now open Friday 4 October.

From Friday 4 October you can go to Ngā Pōtiki housing to consider your housing options

www.ngapotikihousing.co.nz

All information will be on the website including a Frequently Asked Questions page, from October 4. In the meantime for general housing enquiries you can email:

info@manawapapamoa.co.nz

Please make sure you are a Ngā Pōtiki registered member and you know your registration number, as you will need it.

To apply to be a registered member go online

https://ngapotiki.org.nz/register/

or call the office on 07 572 3344 or come in to the Office at Fashion Island, above the ASB.



Annual General Meeting - Hui-ā-tau

Please save the date

Saturday 9 November 2019

The Annual General Meeting will be held at Tahuwhakatiki Marae.

More information will be sent to all registered members. Public Notices including the Agenda will appear in the Bay of Plenty Times and the New Zealand Herald in October.

Suicide **Awareness**

It is often not talked about but many of our whānau have been touched by the devastating effects of suicide. Recent stories in the media have painted a bleak picture for Māori.

We all know we need more initiatives and services based on te ao Māori but we also want to encourage whanau to access existing services.

If you have any concerns about your well-being or someone in your whānau you should speak to your Doctor or Health provider.

Kaua e noho wahangū - Don't stay silent, speak up and ask for help.

Where to get help

1737, Need to talk?

Free call or text 1737 any time for support from a trained counsellor

Lifeline - 0800 543 354 or (09) 5222 999 within Auckland

Youthline – 0800 376 633, free text 234 or email talk@youthline.co.nz or online chat

Samaritans - 0800 726 666

Suicide Crisis Helpline - 0508 828 865 (0508 TAUTOKO)

What's Up - 0800 942 8787 (for 5-18 year olds). Phone counselling is available Monday to Friday, midday-11pm and weekends, 3pm-11pm. Online chat is available 7pm-10pm daily.

0800 54 37 54 (0800 kidsline) for young people up to 18 years of age. Open 24/7.

thelowdown.co.nz - or email team@ thelowdown.co.nz or free text 5626

Anxiety New Zealand 0800 ANXIETY (0800 269 4389)

Rural Support Trust 0800 787 254 (0800 RURAL HELP)

Marae Contacts



Tahuwhakatiki Marae

(Rōmai)

618 Welcome Bay Road, Tauranga Contact: Janice Harrison 027 381 6212

Mangatawa Marae (Tamapahore)

46 Tareha Lane, Tauranga Contact: Galvin Kiwi 027 864 4653



Fisheries Contact

Ngāi Te Rangi Janine Kakau 07 575 3765 ext 212

Special Occasion Fish - one months notice is required, whole fresh fish is supplied so roopu will need to prepare the fish available at the time.

Frozen Fish - can be purchased for any occasion but is limited to two boxes at a time.

Type of fish will be known at time of pick up and changes from time to time. The set price is \$100.00 for 10kg of frozen fish fillets.

Ngāi Te Rangi Iwi - HEALTH WAKA

WHEN	WHERE	TIME
Tuesday	Centrepoint 184 Chadwick Rd, Greerton	6pm - 8pm
Wednesday	Ngai Tamawhariua Offices Rereatukahia Pa Rd, Katikati	6pm - 8.30pm
Thursday	Hartford Ave Playground 41 Hartford Ave, Papamoa	6pm - 7.30pm
	Salvation Army Arataki 57 Eversham Rd, Bayfair	7.45pm - 9pm
Friday	Merivale Community Centre 10 Kesteven Ave, Parkvale	6pm - 7.30pm
	Welcome Bay Community Hall 244 Welcome Bay Rd, Welcome Bay	7.45pm - 9pm

Free Doctor + Nurse Consultations

New Priscriptions Health WOF Blood Pressure Blood Sugar Cholesterol Eve Test Birth Control Women's Health Referrals Wound Care Medical Certificates Sickness Benefit Assessments Green Script Mens Health Check Lung Check Heart Health Sexual Health Refferals

Registered Member Contact Information

If your address or contact details have changed in any way, complete the online registration form to be kept up to date.

You can do this by going to our website ngapotiki.org.nz/register

or by calling into our office and collecting a form.

Kaitiaki **Customary Fisheries for Permits**

Ngāi Te Rangi Brian Dickson | 027 488 9525

Ngāti Ranginui Josie Ririnui | 021 768 017

Tahuwhakatiki Toni Paraire | 07 542 3520

Whetu Rehua Smallman | 027 283 0839

Waimapu Kevin Haua | 027 270 7247

Waikari Kiamaia Ellis | 027 959 7384